ABR INSTRUCTIONS

PLEASE OBSERVE THE FOLLOWING INSTRUCTIONS CAREFULLY

1. Continue to take all prescribed medications. Bring names of these medication or the prescription bottles with you.

2. Eat your usual meals, except avoid products containing caffeine such as coffee or soda. Avoid stimulants and alcohol on the day of the appointment.

3. Shampoo your scalp thoroughly the day before the evoked potential examination (or the same day if your hair will be thoroughly dry). Do not spray with hairspray or apply anything to your hair after shampooing.

4. Do not wear make-up as it will be removed for the test.

5. It is preferable to be somewhat drowsy during the examination since this test will result in a better recording. Young children should be kept from taking their usual naps prior to the examination. For babies, it may be wise to put off scheduled feeding until the examination time so that the bottle can be used to help quiet and relax the infant. In some cases, small children and infants may be given a mild dose of sedation syrup as prescribed by the child’s physician to aid them in resting.

If these instruction are not clearly understood or if you should have any questions about the procedure, please do not hesitate to call our office at: 402-463-2431.