

**MIDWEST EAR, NOSE & THROAT SPECIALISTS, P.C.**

**V. Richard Bowen, M.D. Mark L. Keller, M.D.**

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**NO ASPIRIN, MOTRIN OR IBUPROFEN PRODUCTS TWO WEEKS BEFORE SURGERY.**

This also includes arthritis medication such as Celebrex or Mobic (Meloxicam) and some herbal supplements such as St. John's Wort, Vitamin E and Fish Oil. At times, bleeding in the postoperative period is associated with aspirin ingestion. It is absolutely necessary that the patient abstain from aspirin or products containing aspirin, Motrin, Ibuprofen products or blood thinning medications for two weeks before and after surgery. Your Primary Care Physician may need to address stopping Plavix and Coumadin (Warfarin) if you take any of these medications. **TYLENOL (Acetaminophen) MAY BE TAKEN.**

**NOTHING TO EAT OR DRINK AFTER MIDNIGHT ON THE DAY OF SURGERY.**

When a patient is given an anesthetic, there is a loss of reflexes in the throat. If a patient vomits, this is taken into the lungs and creates a very serious infection and reaction: therefor it is absolutely necessary that the patient not eat or drink anything after midnight prior to surgery.

**PRE OPERATIVE PHYSICAL WITH YOUR PRIMARY CARE PHYSICIAN MAY BE REQUIRED BEFORE SURGERY PER DR. BOWEN OR DR. KELLER'S REQUEST.**

You may set up your own appointment or a nurse will be available to help you with this at the time of scheduling your procedure. Diagnostic studies such as EKG, CXR and lab work may be warranted along with a History and Physical from you Primary Care Provider. An order will be faxed ahead of time or sent with you for this appointment.

**I HAVE READ AND UNDERSTAND THE ABOVE INFORMATION AND BY SIGNING, AGREE TO COMPLY WITH THE ABOVE REQUESTS. SURGICAL PROCEDURE, RISK BENEFITS AND ALTERNATIVES HAVE BEEN DISCUSSED BY MY PHYSICIAN. QUESTIONS AND CONCERNS HAVE BEEN ADDRESSED TO MY SATISFACTION. I AGREE TO PROCEED WITH THE SURGICAL OPTION OF TREATMENT.**

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Patient's Name and Date (PRINT)

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Patient or Legal Guardian (SIGN)

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Witness

Relationship to Patient