

# MIDWEST EAR, NOSE & THROAT SPECIALISTS, P.C.

V. Richard Bowen, M.D. Mark L. Keller, M.D.

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(402) 463-2431 Toll Free: 1-800-348-0368

Patient: \_\_\_\_\_

Date of Surgery: \_\_\_\_\_

Time: Mary Lanning Memorial Hospital will contact you **the day prior to surgery.**

REPORT TO:           **Outpatient Department:**  
                          **Mary Lanning Memorial Hospital**  
                          7<sup>th</sup> Street and St. Joseph Avenue  
                          Hastings, NE 68901  
                          Phone: 402-463-4521 Ext: 5115

**NO ASPIRIN OR IBUPROFEN (INCLUDING MOTRIN, ADVIL AND ALEVE) PRODUCTS TWO WEEKS BEFORE AND AFTER SURGERY** *This would also include arthritis medications such as Celebrex or Mobic (Meloxicam) and some herbal supplements such as St. John's Wort, Vitamin E and Fish Oil.* At times, bleeding in the postoperative period is associated with aspirin ingestion. It is absolutely necessary that the patient abstain from aspirin or products containing aspirin, Motrin, Ibuprofen products or blood thinner medications for two weeks before surgery and after surgery. Your Primary Care Physician may need to address stopping Plavix and Coumadin (Warfarin) if you are on any of these. **Tylenol may be taken.**

**NOTHING TO EAT OR DRINK AFTER MIDNIGHT ON THE DAY OF SURGERY**  
When a patient is given an anesthetic, there is a loss of reflexes in the throat. If the patient vomits, this is taken into the lungs and creates a very serious infection and reaction; therefore it is absolutely necessary that the patient not eat or drink anything after midnight prior to surgery.

**IMPORTANT NOTICE**  
If your insurance company requests precertification for CT scans, MRIs or surgeries, please contact your insurance carrier as it is your responsibility to do any precertification. **If your insurance company requests any additional information, please direct them to call our office and we will be happy to assist them for your benefit.**

**PATIENTS WITH EAR TUBES**  
**The patient should be checked by Dr. Bowen or Dr. Keller every four to six months even if he or she is not having any trouble.**

**EAR PLUGS**  
Patients with ear tubes should wear earplugs to keep water out of the ears while bathing or showering. We recommend wearing earplugs when swimming as well.

**If you are self pay or on Medicaid you will need to contact *Hastings Anesthesiology, Mary Lanning Memorial Hospital* as well as *this office* to set up a payment plan.**